

The word of Harpeth Hall logos

Harpeth Hall School * 3801 Hobbs Rd, Nashville, TN 37215 * Volume 31 * Number 4 * Jan. 30, 2009

The Inauguration
of Barack Obama
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accomplish
everything in
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What's happening in Winterim

Joy of Drawing

The Joy of Drawing, taught by Mr. Peter Goodwin, is a very low key, artistic class where students can draw different everyday objects and express themselves through art. They also can do gesture drawings and draw tools using interesting materials such as graphite. Another cool thing the students are working on is portraits of their classmates. "I love starting out the morning with drawing because it is so relaxing," said Caitlin Casey '12. - MM

Gender Roles

Gender Roles, taught by Ms. Jess Hill and Mr. Joe Croker, is a class focused on discussing the differences between the two genders. The students learn about the molds each is categorized into in society and how people break these molds. "I would definitely have to say that my favorite part of the class is the discussion style teaching and the relaxed feel of the classroom," said Madison Longmire '11. - MM

Doin' the Right Thing

This is a discussion-oriented class where the students get the opportunity to watch movies such as "Michael Clayton" and discuss the various moral and ethical decisions made throughout the movies. It really makes the students think about the decisions that they make from day to day. "This class makes me look into my own life and apply the knowledge that Mrs. Girgus teaches us about making important decisions," said Campbell Mobley '11. - MM

Law and Order

In Law and Order, Mr. Tony Springman educated his class about the criminal justice system. Students explored topics such as felonies, misdemeanors, hate crimes, and ethical and moral issues. Both Michele Martin '11 and Caitlin Casey '12 enjoyed how Mr. Springman used the subject of politics in his teaching. "My favorite part was how we could openly discuss our opinions about the laws that affect our community," said Michele. - EB

Paleontology

Paleontology, taught by Dr. David Ufnar, educated students about fossils and rock formations in Nashville. Students went on field trips to nearby rock formations and used a pick to remove fossils. They brought these fossils back to Harpeth Hall and later identified them.

"In our science classes at school we have never gone this in depth with Geology and Paleontology. I was taught about a smaller branch of Earth Science that I've never really learned about. My favorite part was going on field trips with Dr. Ufnar. He's really funny, and I'm really glad he was the teacher," said Kate Wiseman '11. - EB

Harpeth Hall says goodbye to Director of Service Learning



Mrs. Watlington sorts clothes for a clothing drive supporting a family in need.

Photo by Michele Martin '11

BY MICHELE MARTIN '11
AND EMILY BUZHARDT '11
NEWS EDITORS

Mrs. Jacquie Watlington, the Director of Service Learning, bids goodbye to Harpeth Hall this semester. Mrs. Watlington has been a full time member of the Harpeth Hall staff since 2005. She, her husband, and two children will move to Knoxville for her husband's job. In Knoxville, Mrs. Watlington plans to take care of her 13-month-old twins, Evelyn and William. In addition to being a stay-at-home mom, Mrs. Watlington will consult for the Center for Asset Development and other organizations regarding service learning, youth-adult partnerships, and healthy communities. The Center for Asset Development is a consulting and training firm based out of the YMCA of Middle Tennessee. It is

a leadership program that focuses on healthy youth and youth-adult partnerships.

Mrs. Watlington has managed hundreds of service projects during her time here. She has organized everything from clothing drives to graffiti paint outs. "I love seeing people pursuing their passions and interests, then use[ing] those in creative ways to strengthen our community," she said.

According to Katherine Milam '11, the sophomore Spirit of Service Representative, Mrs. Watlington is approachable and willing to help everyone with any service project. "Mrs. Watlington organized every single event that any student would want to have," said Kat.

Not only is Mrs. Watlington regarded as the director of service learning, but also many students look to her for advice and a listening ear. "To me, she is more a mentor and a friend than a teacher," said Kat. "She's one of the nicest people in the world and is such a good example to all of us. We will miss her so much."

Mrs. Watlington has enjoyed her time spent at Harpeth Hall and the many laughs she has shared with Harpeth Hall students and faculty. "The friendships I have made here inspire me to want to bring my best every day," she said. "Harpeth Hall is such a rich environment for learning and experiencing things that really enliven the hearts of those who are willing to engage," she continued. "It is a wonderful place with exceptional people which I am honored to have been a part of."

"I am very sad to be leaving Harpeth Hall, and I will miss the students greatly," she said. Mrs. Watlington would like to extend her thanks to all of the students that have come into her office with a desire to serve, whether behind the scenes or in the spotlight. She said, "You have changed the world. It may have been one person's world, but it was made better because you were willing to live in something bigger than yourself. That is very powerful, courageous and not to be underestimated."

In the wake of Mrs. Watlington's departure, Mrs. Kimee Shideler will be coming on the scene as the new Director of Service Learning at Harpeth Hall. Mrs. Shideler comes to Harpeth Hall from Volunteer Tennessee as the Service-Learning Program Coordinator. Volunteer Tennessee is the state's Service Commission.

(Continued on page 3)

Students prepare for Winter Formal

BY SARA ANDERSON '11
SPORTS EDITOR

The Student Council is planning the annual Winter Formal dance for Feb. 7. The dance will be held in Morrison Gym and will be from 8-10:30 p.m. Tickets have gone on sale for \$8 per person and \$15 per couple. The band 10:24 will be playing.

This year the Student Council is stressing a low cost Winter Formal, and Mrs. Maxwell has been putting tips in the Daily Announcements for stu-

dents.

Some suggestions are sharing dresses with friends and doing your own hair, makeup, and nails. This low cost Winter Formal was illustrated in a skit performed by the Student Council.

For the second year in a row, the freshmen will be holding their own dinner for the entire grade. The dinner will be in the Patton Visual Arts Center and will be catered by Pei Wei.



Last year's freshmen Kat Milam, Janie Hannon, Suz Gill and their dates cannot wait to get into the dance.

Photo by Mrs. Marie Maxwell

What's Happening In Winterim?

Get Psyched BY LAURA GREGORY '11

The "Get Psyched" winterim class, offered this year to freshman only and taught by Mr. Tony Springman, gives a broad overview of the entire field of psychology.

"It is basically like a psychology sampler. Each day a new topic is introduced," said Mr. Springman. Claire Crawford '10, a student in the class, echoed Mr. Springman's comments. "The class is an overview of all different areas of psychology: disorders and diseases as well as emotions, dreams, and more." The students enjoy the laid back environment of the class while still carrying on serious discussions about psychology. They seem to agree with Mr. Springman that "psychology is an exciting field full of opportunities."

Sewing 101 BY CAITLIN CASEY '12

This double-block is mostly composed of students learning to sew for the first time. Students travel to the 100 Oaks Mall area to meet in Miss Maurgerite's cute, little cottage and spend a morning sewing buttons, hemming skirts, and stuffing pincushions. Halle Zander '12 is especially excited about this class. "I can't wait!" she said. The class finished a purse, a pincushion, and a shirt. They plan on making pajama pants and a coverup. Litton Whittaker '12 says she enjoys the class because they are: "...making things that are cheap but special because you made them."

African Drumming BY CAITLIN CASEY '12

This hands-on class, taught by African drumming expert Ed Haggard, is passionately loved by most girls, even though they say "It makes my hands hurt!" Students play African djembes, dunduns and other percussion instruments. Emphasis is on the fun aspect of drumming, and the class eagerly awaits their performances at Oak Hill and an assembly at Harpeth Hall. Mr. Haggard has taught drumming for six years at USN.

Inauguration '09 sets new records

BY CAITLIN CASEY '12
NEWS/ARTS EDITOR



The Obamas dance the night away at one of the many inaugural balls. *Courtesy of The New York Times.*

President-elect Barack Obama was sworn in as the 44th President Jan. 20, 2009, at 11:30 a.m. in Washington D.C. Due to the current economic crisis and unemployment rate of 7.2 percent, Americans are eagerly seeking the

guidance of Obama, the nation's first black President. A record-setting number of approximately two and a half million people attended the inaugural events.

The theme of the inauguration, celebrating Abraham Lincoln's 200th birthday, was "A New Birth of Freedom." The Obama team released the official poster, picturing Obama's face in red, white, and blue. "BE THE CHANGE" is printed in big, broad, letters below.

The day began with a morning worship service, a procession to the Capitol, and the swearing-in of Joe Biden, the future Vice President. Obama was then sworn in by Chief Justice John Roberts, with the inaugural address following afterwards.

In his inaugural address, President Obama emphasized overcoming the difficulties the country is facing, including on the financial homefront and with military conflict in Afghanistan and Iraq. "Starting today," Obama said, "we must pick ourselves up, dust ourselves off, and begin again the work of remaking America."

A luncheon, parade, and about 20 balls followed the ceremony. The approximate cost for the 2009 inauguration was \$75 million, a historical record for inaugural ceremonies.

Because of the tremendous crowds, ABC News reported that bridges leading to Washington, D.C. would be closed on the day of the inauguration to ensure safety and prevent

excessive traffic. Parking garages and many streets were reserved for charter buses and security, according to the Tennessean.

Officials worried about a terrorist attack due to the inauguration's political importance, historical significance, and high attendance rate. An increase of threats against Obama also concerned Homeland Security Secretary Michael Chertoff.

"I think it will be the most security, as far as I'm aware, that any inauguration ever had," Chertoff said.

CNN reported that one ticket broker is charged about \$21,000 for a single ticket to the inauguration. Some critics think this was understandable considering the general public's enthusiasm for the event.

Most students and experts agree that Obama's presidency will bring opportunity for change and uniting together. For example, Obama invited conservative anti-gay marriage pastor Rick Warren to present the invocation and Joseph Lowery, NAACP's "Dean of the Civil Rights Movement," to complete the ceremony.

Above all, it was a day for Americans to acknowledge how far race relations have come. As Obama mentioned in his speech, 40 years earlier, his own father would not have been able to be served in a local Washington, D.C. restaurant. Millions of people world-wide witnessed the defining moment of Barack Obama's inaugural before the Capitol, which black slaves had built 200 years before.

HH students witness historical event

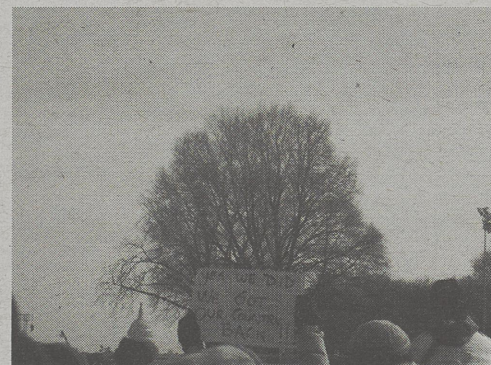


Mary Kathryn Alexander, Justine Brittain, Grace Tipps on the National Mall. *Photo by MK Alexander.*

Thirteen juniors and seniors interned in Washington, D.C. and were able to experience the inauguration first-hand.

Grace Tipps '10:

"When I finally found myself standing there, watching as Obama was sworn in and as he delivered his inaugural address, I was com-



Just one tell-tale sign of the enthusiasm for President Obama. *Photo by MK Alexander.*

pletely overwhelmed. We were all witnessing history in the making, and everyone that was present realized that. In D.C. that day, there was this incredible, affirmative vibe running through an unbelievable mass of humanity. I'll never forget it."



Crowds went well beyond the Washington Monument, pictured here. *photo by Justine Brittain '11*

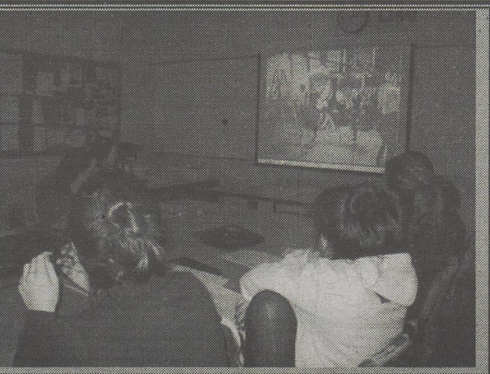
Emily Whitson '10:

"The presidential inauguration was truly an unforgettable experience. It was filled with good moments, bad moments, stressful moments, frustrated moments, cold moments, hot moments, claustrophobic moments, and most of all, enthused moments."

Silent Film

BY MARION COX '12

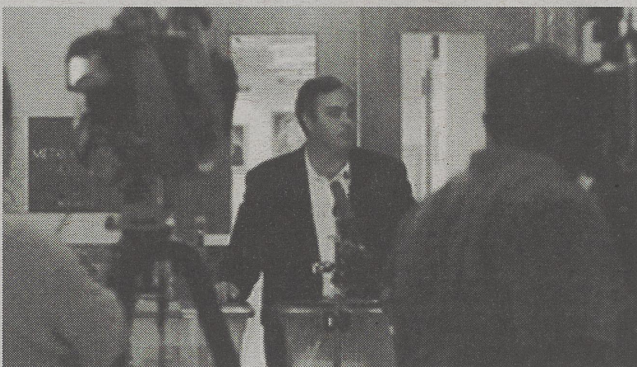
The silent film course, taught by Jack Henderson, offers students a chance to explore the lost art of silent film making. Apart from watching silent movies, students learn the techniques behind the lighting, words, and acting that makes the silent experience scream with interest.



logos

English-only law defeated in city-wide vote

BY MARION COX '12
NEWS EDITOR



Councilman Eric Crafton gives a speech on the upcoming English Only vote. Photo courtesy of The Tennessean

On January 22, 2009, the English Only amendment came to a vote. The amendment was not passed, and many Nashvillians breathed a sigh of relief. The final count was 32,144 for English only, and 41,752 votes against it. Because this amendment was not passed, foreign Nashvillians have nothing to worry about.

The proposed all English law has recently raised many issues across the Nashville area. Above all, health inspec-

tors, pastors, and the general population worry that, if the law is passed, it will cause problems in the future.

According to the Tennessean, Jewish, Christian, and Islamic leaders were opposed to the amendment because it contradicts their holy texts which state that we should "show hospitality to strangers to our society."

As a reaction to these concerns, sermons on the topic are becoming increasingly popular in many churches and temples across the state. Antioch pastor Jay Voorhees states, "The

English First Proposal erects a wall

where windows to better understanding are needed. It only creates a climate of hostility rather than hospitality."

On the other hand, Nashville health inspectors were concerned that the English First amendment could cause potential food quality problems. "If they don't understand

"They may not understand the issues of temperatures, and the standards we have with food safety. People could get sick."

- Dr. Bill Paul

what the standards are, then mistakes can happen," said Metro Health Director Dr. Bill Paul. "They may not understand the issues of temperatures, and the standards we have with food safety. People could get sick."

According to Channel 4 News, Ivone Rodrigues, a Nashville health inspector, says that the amendment could cause problems because Spanish, along with Mandarin Chinese, is often used when giving constructive criticism in the kitchens. Seminars focusing on safe food handling are also conducted in foreign languages.

"The English Only Law is inconvenient for immigrants and unnecessary because the official language of the United States is already English," Angela Park '09 said. "It's paradoxical on our part."

The election happened Jan. 22, while early voting started Jan. 9. It had one of the heaviest turnouts for a special election in the county's history, according to The Tennessean. More than 90 percent of the money that fueled the English-only bill came from a Virginia-based organization linked to hate groups, according to the Tennessean.

HH says goodbye to Mrs. Watlington, hello to Mrs. Shideler

continued from page one

"I look forward to maintaining the great work that is already being done and growing the program to meet the needs of Harpeth Hall and those we serve, said Mrs. Shideler. She is also excited about instilling her love for service in the students that she will meet.

Mrs. Shideler has never had the opportunity to

work in a school setting before. She is very excited about her opportunity to work at an all girls school.

"I look forward to sharing in the learning and successes of so many talented young women," said Shideler. "I am fascinated and greatly impressed by one-gender institutions. Out of the few students that

I have met at Harpeth Hall, I have been impressed by the confidence and focus displayed."

Mrs. Shideler will begin her job at Harpeth Hall on Jan. 26. She quoted Martin Luther King to encourage students in their service. "Everybody can be great...because anybody can serve."

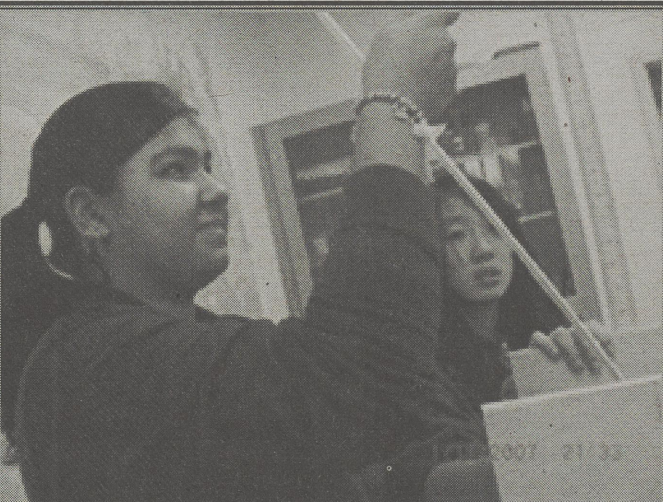


Mrs. Kimee Shideler

Science Olympiad

BY CAITLIN CASEY '12

Science Olympiad, a group of students who are challenged by engaging science projects, is a period for students to delve into projects including an elevated bridge, a contraption to keep an egg safe, a robot, and a non-electrical device to measure time. At first, a few girls admitted they had no idea what they were doing. But as time went by, their confidence grew and the girls began to love Dr. Ufnar's approach of a relaxed, no-pressure environment. As Stori Nuri '12 used a chain saw to cut a board, Lucy Cohn-Still '12 looked up from a mess of wood and said, "I love this class—it's so amazing!"



Stori Nuri '12 and Grace Hong '12 assemble their Science Olympiad project in Dr. Ufnar's fourth period class



French onion soup hits the ovens in Ms. Jervis's French Cooking course.

French Cooking

BY MARION COX '12

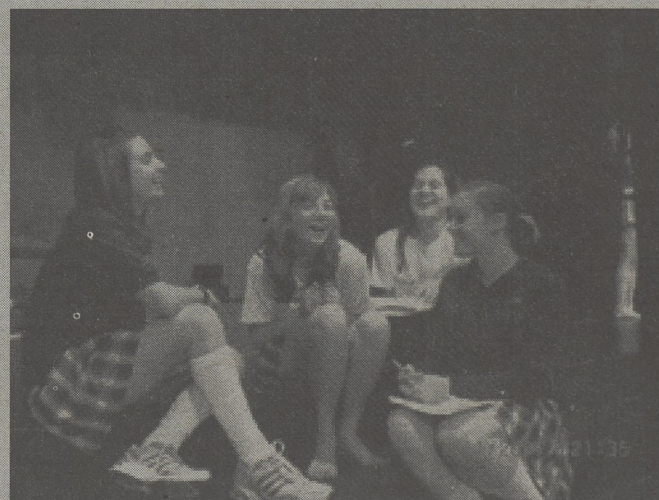
Jenny Jervis's French Cooking winter course is a yummy concoction of recipes, culture, and language. While cooking, students learn basic French words, recipes from the acclaimed Julia Child, and simple cooking techniques. And the best part? Enjoying the fruits of your labor!

Shakespeare

BY CAITLIN CASEY '12

Taught by Ms. Lauren Shouse, whose experience includes working with the Shakespeare festival, this is a small class of six freshmen and one sophomore. Most participants have an interest in theater but do not participate in the Harpeth Hall theater program during the school year. Claire Crawford '12, expressing special enthusiasm for this class, said: "What we do is take condensed Shakespeare writing and put on a modern show."

"The Winter's Tale" was chosen as the the Winterim production. It was performed at assembly on the last day of Winterim.

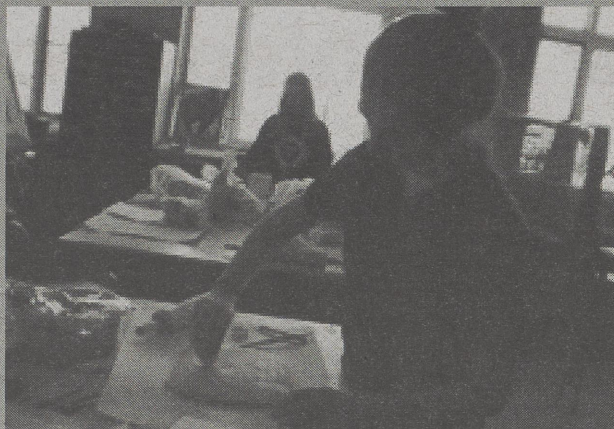


Sarah Oppenheimer '12, Emily Decker '12, Sheridan Haley '12, and Claire Crawford '12 share a laugh while they practice their lines in Ms. Syler's Shakespeare class.

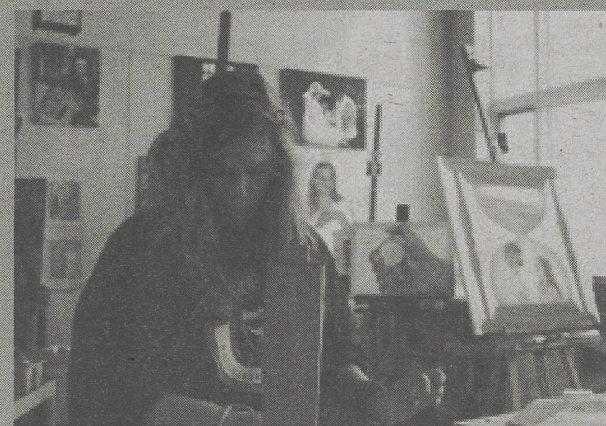
Mad Hatter's Tea Party

BY CAITLIN CASEY '12
NEWS AND ARTS EDITOR

Taught by Ms. Curry, this Winterim course transfers a student's imagination and creativity into a clay tea set. Presently, students are vigorously working on constructing boxes, tea pots, pitchers, and coasters. However, they are abstract, gorgeous pieces of artwork. "It's really fun to work with clay every day," Marion Cox '12 said. "And I like to learn the different techniques professional artists use to make their work beautiful." Of course, students enjoy creating their artwork, but they love the socializing the time allows as well. Maggie Griswold '12 admitted, "When we you don't talk about things like boys, we get a lot done!" Ms. Curry suggested students read the classic novel *Alice in Wonderland* for inspiration. Students are encouraged to let their creativity and originality shine through their work.



Anna Russell Thornton '12 begins to scrufido her clay slabs, which will later form her treasure box.



Maggie Griswold '12 builds a growing tower in Ms. Curry's Mad Hatter's class.



Masks: The Fabulous False Face

BY CAITLIN CASEY '12
NEWS AND ARTS EDITOR

Students in this course taught by Ms. Marla Faith explore a variety of masks throughout the world, their design, and their purposes. Girls also create their own masks, including one of paper maché and paint. Afterwards, they crafted other masks formed on their own faces using Paris craft bandages.

The two types of masks are now on display in the Patton lobby.

Maddie Shankle '12 paints her mask.

Fashion and Beauty Through the Ages

BY LINDSAY BAE '12
ARTS EDITOR

Fashion and Beauty Through the Ages, taught by Dr. Echerd, learns about the different and extreme things that people do to achieve beauty.

"Despite the focus on history in the class, Dr. Echerd makes it more interesting by tying history into today's society," said Lindsey Lanquist '12. "And we have a lot of fun, too! We also discuss things about fashion and got to listen to a really funny song about blondes."

Songwriting for Guitar

BY LINDSAY BAE '12
ARTS EDITOR

In the class Songwriting for Guitar, taught by Mr. Joe Croker and Mr. Riley Bryant, students have the opportunity to learn guitar, songwriting and famous songs. The students are writing an interesting song about Mr. Springman and are learning their first real song "If the Moon Fell Down" by Chase Coy. They also write their own personal song.

"We are starting to write our own personal song," said Cera Salman '12. "In the end of our hard work we shall perform our songs in front of all the freshmen and sophomore students."

"It's a great break from my other winterim classes, and with my big passion for music, it makes it really enjoyable," said Rebecca Webster '11.



Lily Carver '12, aided by Mr. Joe Croker and accompanied by Mr. Riley Bryant, practices her song during a Songwriting for Guitar class.



As part of the class, students prepare for an assembly performance. Rebekah Webster '12 practices for her impressive stage debut.

Dance: From Production to Performance

BY LINDSAY BAE '12
ARTS EDITOR

Dance: From Production to Performance is a course that allows students to learn different genres of dance with various styles of music, such as French, Japanese, Classical Indian, Hip Hop, Tap, Jazz, and Musical Theatre. Students did group projects that taught them how to put productions together and the cost, limits, and strains involved. Most girls are part of the dance company, but others are welcomed, too.

Aneesha Anderson '12 said, "It's cool to learn all the different kinds of music in the world while dancing." The girls performed a hip-hop dance at assembly.



The dance studio is transformed as freshmen and sophomores Jean Broadhurst, Campbell Mobley, Wallace Morgan, Mary Elizabeth Sorci, Meredith Manning, Aneesha Anderson, Morgan Hutton, Sarah Baum practice their hip-hop dance routine.

Interested in Guitar?

Who: All students

What: Guitar Lessons with Mr. Martelle

When: Tuesdays from 4:00 pm- 4:45 pm (beginning January 27)

Where: Mr. Martelle's room

Cost: \$100

You must provide your own guitar, but no experience is required—come as you are!

Class size is limited so contact Mr. Martelle if interested!

Winterim Favorites



Tool Time
Pirire Bamson '12
"We are learning stuff you will need to know in your future."

Law and Order
Sara Brown '11

"Mr. Springman is really good at including his students in elaborate discussions about criminal law."



Sewing 101
Becca Factor '11



"It's a really good class because we go off campus and we get to make cute swim cover ups for spring break."

Get Psyched
Rosie Compton '12

"It makes you think about things in a different way."



Stage to Production
Campbell Mobley '11



"We get a break from academics and get to pursue things we love like dance."

Mad Hatter's Tea Party
Ellie Davis '12

"We get to be really creative and turn a tea set into anything"



Flops & Props

BY MARY ANN WAGSTER '11
OPINIONS EDITOR

Long or Short?

? Long or short dresses? That is the question many girls have been asking themselves this year in preparation for Winter Formal 2009. Generally, for freshman, long dresses have been "the thing to wear." The older students typically move away from this trend and wear short dresses to Winter Formal. Both long and short dresses are great depending on whether you want to get dressed up this year or have a more casual dance. So freshman, no worries; you will have fun no matter which way you go.

Sophomore Parking

As the parking draw for this year moves closer on the calendar, sophomores are beginning to worry about whether or not they will be the chosen owner of one of the 35 parking spots available to the class. Due to the fact that there are 48 people signed up for the lottery, this drawing is causing quite a dilemma for the class. With these numbers, there will most certainly be girls who have been driving for almost a full year without the right to a parking spot. There will be girls who have not even had their birthdays owning a spot and lending it out to the older members of the grade. The system has worked well for a long time, but the time has come for the distribution process to change and make the parking places available to those whose birthday's come first.

Props

Props to the people who often go unnoticed, but have made life at Harpeth Hall possible, to all of the men and women who work late nights just so they can walk us to our cars after a sports events, and to the people who have spent countless hours directing the hookup line through rain and shine. Props to all the people who work hard throughout the day or the night, and spend time working in the gardens, as inside maintenance, and the cleaning crew. These are the people that most people at Harpeth Hall rush past in all of their activities and forget to notice the amount of time and effort put forth. They are amazing and all of their hard work deserves as much recognition as they can get because no job should go unnoticed.

Going Trayless: Harpeth Hall continues green effort in dining hall

BY LAURA GREGORY '11
OPINIONS EDITOR

As part of the school-wide effort to Go Green, students are now attempting to go trayless in the cafeteria. Throughout the month of January, the freshman and sophomores have an opportunity to try out this new idea.

As soon as the juniors and seniors return to campus and there is more response from the Upper School, the Green Team will discuss what do next in the effort to go trayless.

Eliminating all of the trays is a possibility but nothing will happen until more opinions are heard

"Eventually, I hope to have savings in water, energy, chemicals, and food waste," said Mrs. Robbin Cross, Food Service Director at Harpeth Hall, "I think it has the opportunity to be very successful, but it is going to be a matter of whether or not the students and faculty think it is worth the effort."

Some students are finding it easy to go through the lunch line without a tray, while others are having difficulty adjusting. Caitlin Casey '12 said, "I like it because it encourages Harpeth Hall's mission to help the environment."

"I do not think it is working well," said Molly Campbell '11. "I am a pretty environmentally conscious person, but I have seen more people using paper plates instead of the regular ones which is much worse than using a tray."



Sophomore M.E. Sorci experiments with new trayless idea, while others continue with old ways.

Mrs. Cross said she is pleased so far with the number of people trying to go trayless, but she would like more input from the students on their personal opinions. "We are not doing it because it is easy and convenient, we are doing it because it is the right thing for our environment," she said.

For more information and facts, students can look up "trayless dining" on the internet and find a variety of articles on the topic.

Students should also feel free to share their opinion on going trayless with Mrs. Cross.

LOGOS

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Logos encourages Letters to the Editor. Letters should not exceed 250 words, and they must be signed by the author to be considered for publication. Logos reserves the right to edit the letters for length, grammar, and content. Letters may be submitted to Opinions Editor Kaity Krupp at kkrupp@harpethhall.org.



TENNESSEE HIGH SCHOOL PRESS ASSOCIATION



How to:

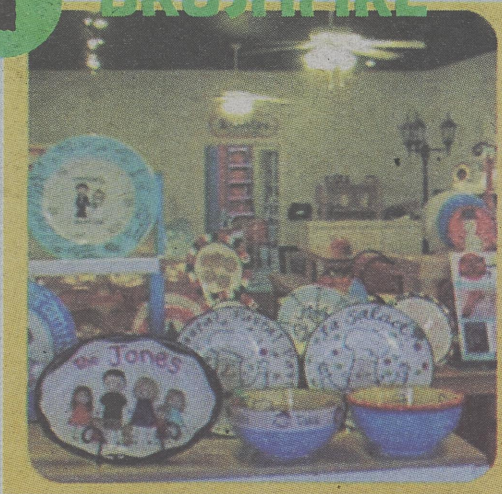
entertain yourself

BY LILLI ROBINSON & SARA BROWN '11
PHOTO & CENTER SPREAD EDITORS

At the beginning of the year, everyone sets a new year's resolution consisting of different goals to accomplish throughout the year. Maybe you have wanted to get in shape, start cooking, or even learn how to pump gas! By reading these "How to's," hopefully you can accomplish what you want to do during the upcoming year.

Photos courtesy of Google

1 BRUSHFIRE



Going to **Brushfire** is something we all used to do as kids, but who said painting pottery isn't for all ages?

2 SONIC



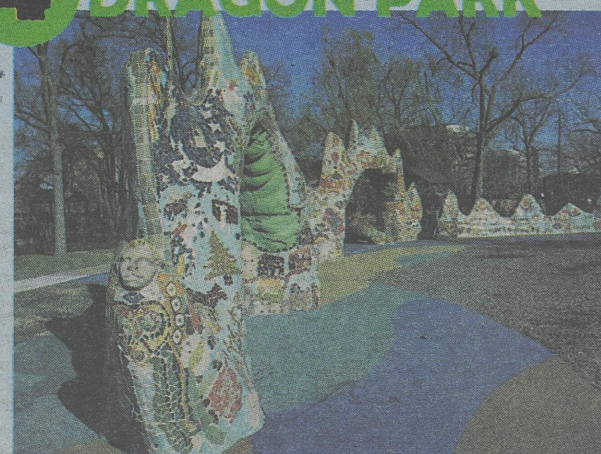
Slushies of all flavors and tater tots are everyone's favorite when they go to **Sonic**. It's a typical hangout that will make your day even sweeter!

3 BONFIRE



Having a **bonfire** is not only something entertaining but can also be warm during the winter season!

4 DRAGON PARK



Dragon Park in Hillsboro Village is not just a regular playground. Whether you are taking pictures or just enjoying yourself, it is always a good place to go.

5 ICE SKATING



Ice skating can be a winter or summer activity as long as you wear warm clothes! Whether you go during free skate, or just to watch a hockey game, the Sportsplex is just right around the corner.

how to: PROPERLY PUMP GAS



1 If you are paying cash, go into the gas station and tell them the amount plus the number on the pump so that they can give you the credit. If you are paying at the pump with credit or debit cards, follow instructions given.

Hint: Make sure to turn off all electrical items while pumping the fuel.

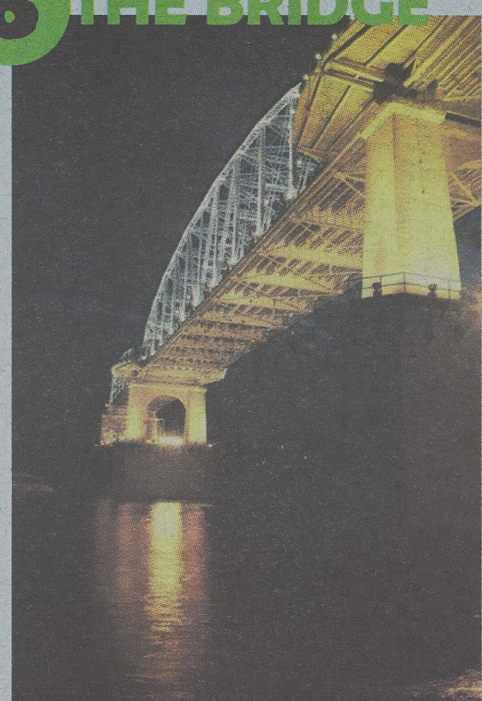


2 Open your gas tank. You open your tank with a little lever inside your car or open it directly. If your car contains a lever, it should have a picture of a gas tank on it.



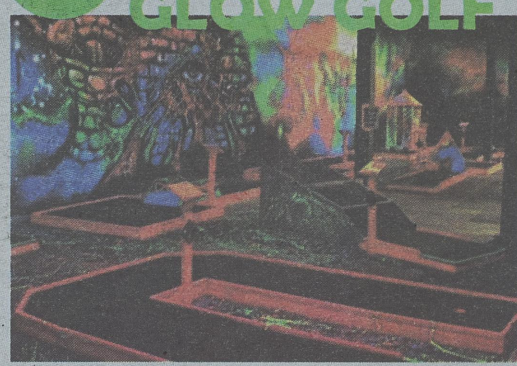
3 Pick up the lever and then select which type of fuel you would like to use; 87-Regular, 89-Premium, 93-Super or Diesel. After selecting, prepare to pump the gas!

6 THE BRIDGE



The pedestrian bridge, built over the Cumberland River, is a great place to go at night to see the many lights running throughout Nashville.

8 LASER TAG & GLOW GOLF



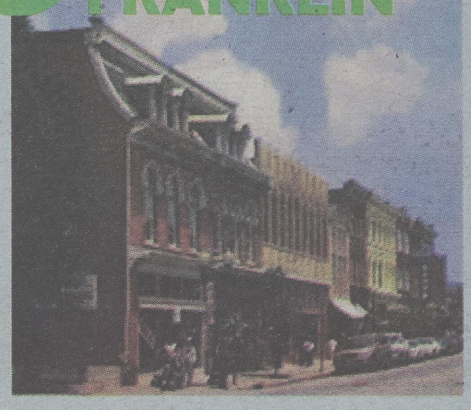
A visit to Lazer Quest never gets old. A night full of codenames and lazer guns is a great last resort! Glow Golf is also a fun adventure out at Opry Mills!

10 RAVE



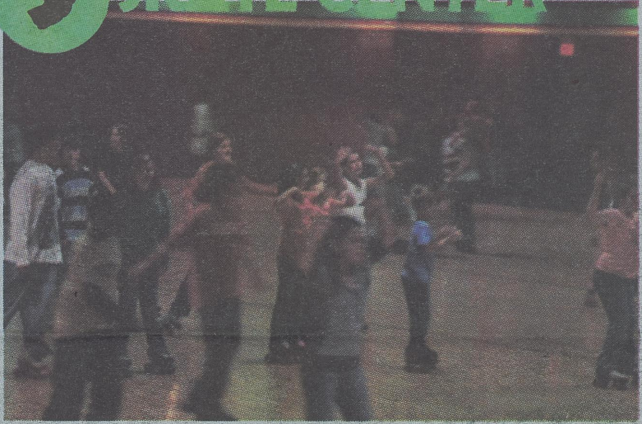
Rocketown raves are a great way to let out your excitement by meeting new people and listening to techno music.

11 DOWNTOWN FRANKLIN



Downtown Franklin is full of historic, yet new and exciting places to visit. There are tons of cute boutiques for all occasions along with great restaurants!

9 SKATE CENTER



Back in the day, everyone would use the Brentwood Skate Center as the prime spot of birthday parties. Go back and see if it's still as fun as it used to be!

12 RESTAURANTS

Trying new restaurants can end up being a fun yet scary experience. For example, try Pie in the Sky, the new pizza place downtown.

13 PARTIES

Throwing themed parties such as different costumes, colored themes, pajamas and tacky clothing is a great way to branch out from the ordinary weekend parties.

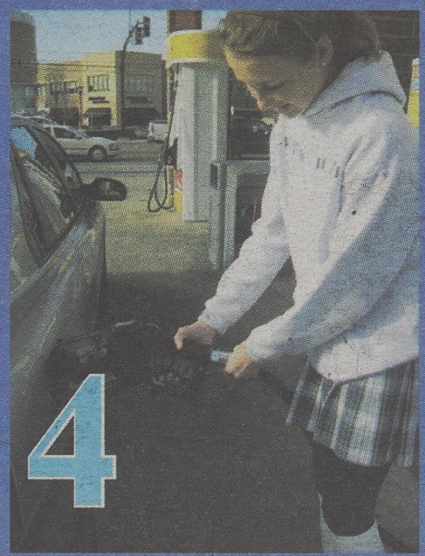
14 LOVE CIRCLE

Love Circle is the new hot spot for many young teenagers. Whether you go with your boyfriend or just your friends, it's a beautiful place to look over the city of Nashville.

7 BOWLING



Getting a group of friends together to go bowling is a fun activity, whether you use bumpers or not!



Pull the handle on the lever to start pumping the fuel. When finished, release the handle on the gas pump. Tap the gas pump against your car's gas tank before removing it - this will add the last few drops to your tank and won't drip!



Once your car has enough gas, place the pump back into its original holder. Don't forget to screw on the cap and close the gas tank.



The gas pump beeps and then gives you your receipt if you paid credit or debit. If you paid with cash, you're ready to go!

more
how
to's..

Baby steps to the future: Your first high school job

BY ANNALEE MUECK '11
MANAGING EDITOR



Having trouble
finding a part time
job? Check out this
advice from seniors
Ife Kehinde and
Kaity Krupp:



How to Find a Job

1. Always be on the look out for "now hiring" signs!
2. Consider connections you might find through family, friends, or friends parents!
3. Think back to places that have been a part of your life...could you work at any of those establishments??
4. Do not expect to make a fortune in your first job!
5. Apply for multiple jobs that you would be interested in...Do not just count on one!
6. Be patient and determined...do not let one unreturned phone call get you down!

Once You Have an Interview in Place....

7. Be on time to your interview!
8. Wear appropriate clothing for the job you are interviewing for...
9. Have a resumé prepared before you arrive.
10. Be polite, optimistic, and YOURSELF!

How to bake delicious Valentine's Day goodies "Be Mine" Cookies

Recipe Courtesy of Sara Anderson '11

For Cookie Dough:

- 1 ½ cups all-purpose flour
- 1 teaspoon baking powder
- ¼ teaspoon salt
- ½ cup unsalted butter, softened
- ¾ cup granulated sugar
- 1 egg
- 1 ½ teaspoons vanilla extract

For Icing:

- 2 tablespoons unsalted butter
- 2 cups confectioners' sugar
- 1 teaspoon vanilla extract
- 2 tablespoons milk
- Red and blue food coloring

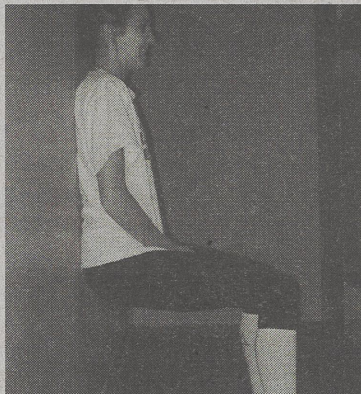


- 1 Put the flour, baking powder, and salt in the medium mixing bowl. Stir with the wooden spoon until the ingredients are mixed.
- 2 Put the butter and sugar in the large mixing bowl. With the electric mixer set on medium-high speed, beat until the mixture is well combined. Add the egg and vanilla and beat until light and creamy. With the mixer on low speed, gradually beat in the flour mixture until blended.
- 3 Gather the dough together into one mass and divide the dough in half. Shape each half into a ball. Pat the top of each ball to flatten it into a thick circle. Wrap each dough circle in plastic wrap and place it in the refrigerator until it is firm enough to roll out.
- 4 To roll out the dough, lightly sprinkle flour over a flat work surface. Sprinkle the rolling pin with flour. Remove one piece of the dough from the refrigerator. With the rolling pin, roll out the dough into a large circle about 1/8 inch thick. Occasionally lift and rotate the dough so that it doesn't stick to the work surface.
- 5 Adjust 2 oven racks to be in the center of your oven. Turn the oven on to 350°F.
- 6 Using a heart shaped cookie cutter, press it straight down into the dough to cut out a shape, then lift carefully. Repeat, cutting close to the first one, until you have cut out as many cookies as you can. Gently slip the metal spatula under the dough shapes and transfer to the baking sheets. Roll out and cut the second piece of dough, merging scraps of dough as you go. Transfer to the baking sheets.
- 7 Place the baking sheets on the center racks in the preheated oven. Bake until the cookies are light golden brown around the edges, 10- 12 minutes.
- 8 Put cooling racks on counter. Take the cookies out of the oven and then transfer with a metal spatula the cookies to the cooling racks. Let cool completely.
- 9 To make the icing put the butter in a small saucepan. Set the saucepan on a burner of your stove and turn the heat on to low. Heat only until the butter melts. Then turn off the heat.
- 10 Put the 2 cups of confectioners' sugar into the sifter and sift into the medium mixing bowl. Add the melted butter, vanilla, and 2 tablespoons of milk. With the electric mixer set on medium speed, beat the mixture until smooth and creamy. If necessary, add more milk to make the icing spreadable, or more sugar to make the icing stiffer.
- 11 With a rubber spatula divide the icing evenly between 3 small bowls; set 1 bowl aside. Tint 1 bowl of icing a very pale pink by adding 1 or 2 drops of red food coloring. Tint the remaining bowl of icing a shade of purple. (to make purple, mix 1 or 2 drops of red coloring with 1 or 2 drops of blue.)
- 12 With a knife, spread a thin layer of icing over each cookie.
- 13 With a rubber spatula, put some icing in a pastry bag fitted with a writing tip and decorate the hearts (or use a Ziploc bag and cut corner of Ziploc bag).

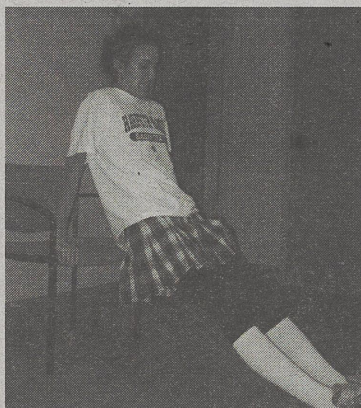
Learn how to get fit for 2009

BY LYNLEY VOGES '11
SPORTS EDITOR

Leg Tone and Shape

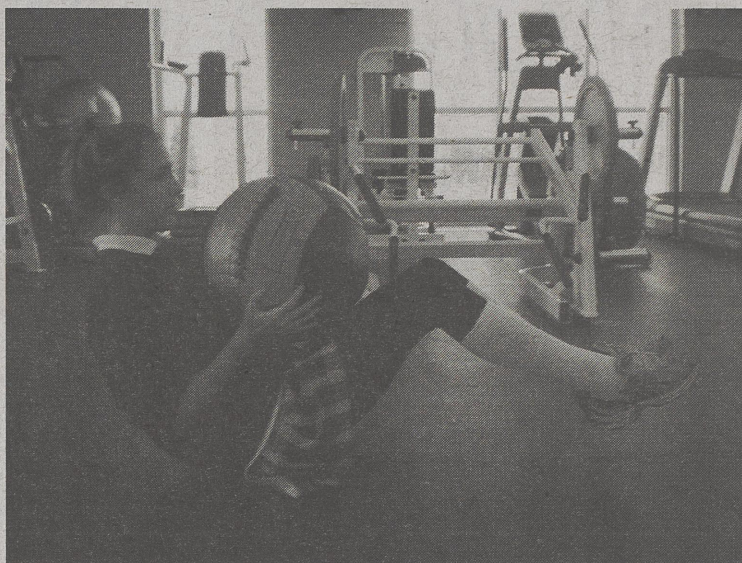
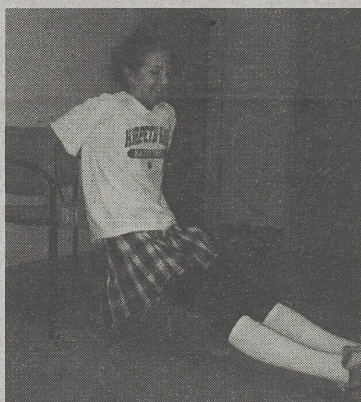


Wall sits are the best way to make your quads firm and strong. Find a wall with enough space in front of it so that you can stretch out your legs. With your back flat against the wall, slide down the wall with your knees bent at a 90 degree angle. You should feel your quads burning and if not then you need to bend down a little more. Hold each wall sit for about a minute and if you feel that you can do more, gradually hold it for a minute thirty to two minutes. Do not do more than you think you can do because you could hurt yourself. Always make sure your back and head are flat against the wall.



Arm Strength

Find a chair, low counter, or just a stack of phone books and clear the space in front of it. With your back to the chair, put your hands on the edge of the seat part. With your legs straight out and in front of you, bend your elbows to lower your body without your bottom touching the ground. Then when you straighten your arms again this will bring you back up to your starting positions. Do about three sets of 15. If you find these too hard to do, you can always do normal pushups.



Easy Abdominal Workouts

Get in the normal position for a sit up. Then lift your feet off the ground about 10 to 12 inches. Then with your back at about 100 degrees move the med ball from right to left. Do this slowly so that that you feel your stomach tighten with each turn. Touch the ball to the floor on each side, but do not leave the ball on the ground. Make each touch quick and gentle. For best results do 3 sets of 35. Once you feel comfortable with the exercise, you can increase your number of reps.



Above: STEP 1



To the right: STEP 2



Above: STEP 3

Photos By Amulee Meek '11

How to have a cost-efficient Winter Formal

BY SARA BROWN & LILLI ROBINSON '11
PHOTO & CENTER SPREAD EDITORS



Make-up:

- ~ Do your own
- ~ Try it before
- ~ Buy cheap (name brand) make up

Dinner:

- ~ Go to a fast food resurant
- ~ Cook your own food; do a pot luck!
- ~ Split meals
- ~ Remember it is just dinner!

Dresses:

- Borrow one from:
 - ~ A friend
 - ~ Your mom or one of your mom's friends

Shoes:

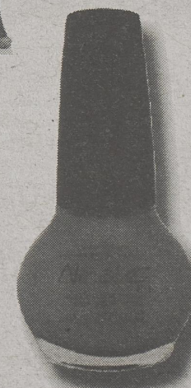
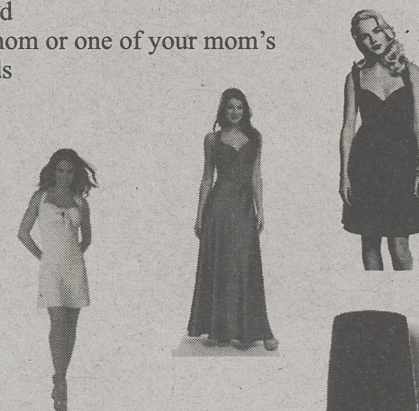
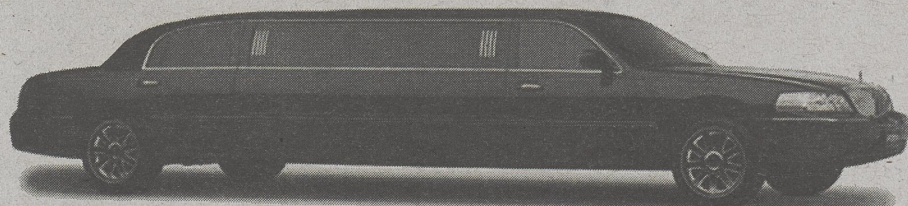
- ~ Off Broadway
- ~ Borrow
- ~ DSW

Transportation:

- ~ Parents
- ~ Drive yourself
- ~ Don't base your transportation on looks!

Nails:

- ~ Do your own or get your mom to do them for you!



Photos courtesy of Google

BEST OF MUSIC AND MOVIES FROM

january 2009

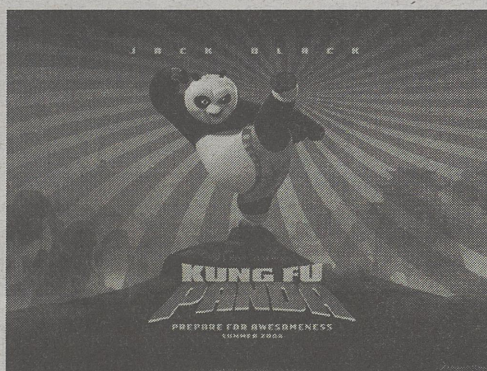
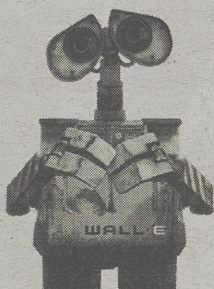
BY ELLIE DAVIS '12 and ROSIE COMPTON '12
ENTERTAINMENT EDITORS

2008

Best Movies

The Dark Knight
Iron Man
Indiana Jones 4
Hancock
Wall-E
Kung Fu Panda
Twilight
Madagascar 2
Quantum of Solace
Horton Hears a Who

ranked by gross dollars earned

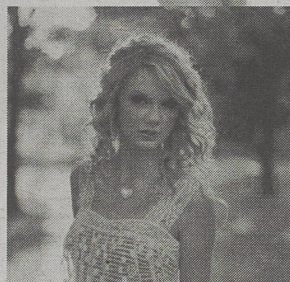


I KISSED
A GIRL

Best Music

I Kissed a Girl - Katy Perry
Lollipop- Lil Wayne
Viva La Vida - Coldplay
Bleeding love - Leona Lewis
So What - Pink
Love Story - Taylor Swift
If I Were a Boy - Beyonce
Crush - David Archuleta
All Summer Long - Kid Rock
With You - Chris Brown

compiled by AOL music



Who's Your Favorite Musician?

Lynley Voges '11

"My favorite is Miranda Lambert because she has a song for everything."

Michelle Martin '11

"The Fray because their songs are nice to listen to."

Lindsay Bae '12

"The best music is from Big Bang, because their music has a fusion of Korean and hip-hop."

Marion Cox '12

"I love Joni Mitchell. Her lyrics are great, and her songs are timeless."

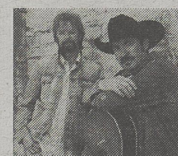
Laura Gregory '11

"Taylor Swift because her lyrics are catchy and relatable."

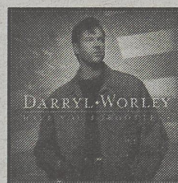
What's on Mrs. Maxwell's iPod?



The Bee Gees - Stayin' Alive



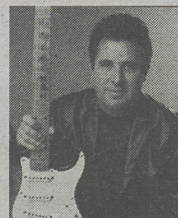
Brooks and Dunn - My Maria



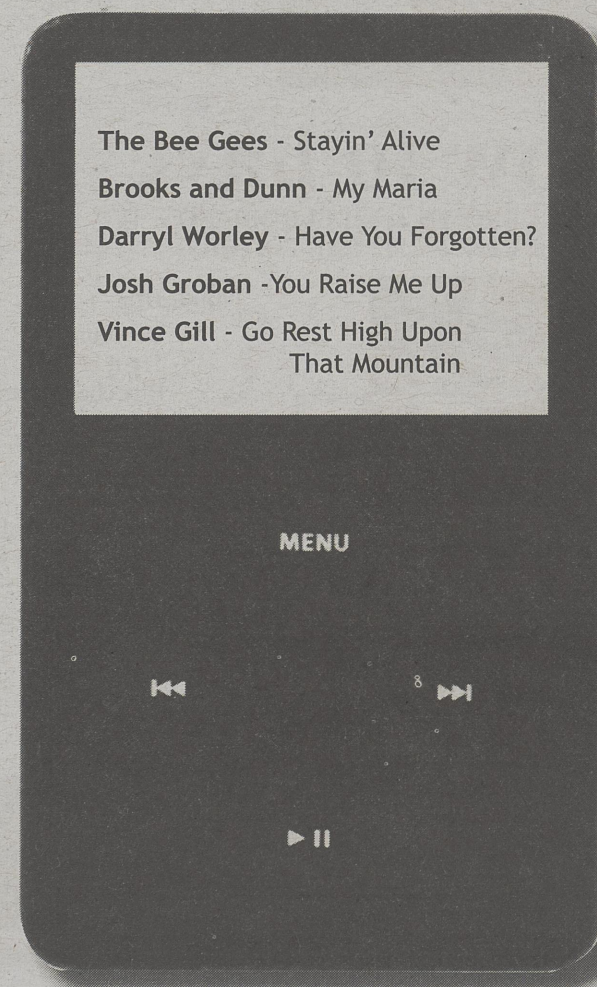
Darryl Worley - Have You Forgotten?



Josh Groban - You Raise Me Up



Vince Gill - Go Rest High Upon That Mountain



logos

Golden Globes start the awards season rush

BY ROSIE COMPTON '12 and ELLIE DAVIS '12
ENTERTAINMENT EDITORS

The 66th annual golden globes have started off the awards seasons with a bang at the Beverly Hilton in Hollywood, CA on Jan. 12. With more award shows to come such as the Academy Awards, the BAFTA (British Academy of Film and Television Arts) and the SAG (Screen Actors Guild) there will be many more red carpet events and after parties to look forward to.

"The Curious Case of Benjamin Button," "Frost/Nixon" and "Revolutionary Road" each received nominations in Best Picture (drama), Best Director and Best Actor (drama)

"Slumdog Millionaire" took the highly coveted best picture award as well as best director, best screenplay and best original score.

"Slumdog Millionaire" is the story of an orphan named Jamal from India. He goes on the Indian version of who wants to be a millionaire. He gets to the last round with one question left and is arrested for cheating. How could a young orphan boy get this far?

Jamal explains his life story to the police and how he was able to answer each question, but why does he need the money and how does he know all of this?

British actress Kate Winslet came out with two more awards. She won two Golden Globes, one for "The Reader" and one for "Revolutionary Road." Her response when she received her second award was, "It's just unbelievable, absolutely unbelievable. It's not supposed to happen."

"The Reader" also got nominated for Best Director – Stephen Daldry, Best Motion Picture and Best Screenplay – David Hare. Other "Revolutionary Road" nominations include Sam Mendes – Best Director, Best Motion Picture, and Best Performance by an Actor in a Motion Picture – Leonardo DiCaprio.

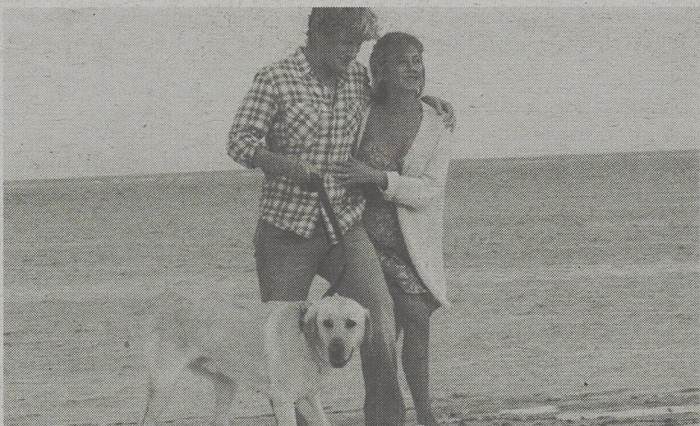
Actor Heath Ledger won Best Performance by an Actor in a Supporting Role in a Motion Picture for his role as the Joker in the Dark Night.

Our Predictions: If the other award shows turn out the way the Golden Globes did, the outcome will probably be similar. Slumdog Millionaire, Revolutionary Road, Frost/Nixon, The Reader and The Wrestler will probably have some more awards to receive this awards season.



The director and main characters of "Slumdog Millionaire" after receiving an award at the Golden Globes.

Who Let the Dog Out? 'Marley and Me' escapes into theaters



John Grogan (Owen Wilson) and Jenny Grogan (Jennifer Anniston) on the beach with Marley.

BY ELLIE DAVIS '12
ENTERTAINMENT EDITOR

"Marley & Me" is based on a true story from the book of the same name by John Grogan. It is a family-friendly movie about a man named John Grogan, his family, and his yellow lab, Marley.

This story can be appreciated by people of any age, but dog owners especially can relate. Marley is the yellow lab in the movie, and is "the world's worst dog."

Marley came about this title because of the countless stunts he pulled throughout the course of his life. Some of Marley's stunts included pooping in the ocean on Dog Beach, being kicked out of obedience school, attempting to drag almost anyone down who tried to walk him, tearing up the garage drywall and mutilating many pic-

es of furniture in the house during thunder storms (because he is afraid of them), swallowing a gold chain necklace and many other items and jumping out of the car window (but luckily John grabbed his back legs).

During this movie you will feel as if you are a member of the Grogan family because it feels like the movie has come to life, and you are standing right there among the family. Additionally, you will experience multiple emotions; you will laugh, you will cry, you will be joyful, and you will be sorrowful -- all the emotions a family experiences.

In this movie the actors playing the Grogan family members fit their role and make a harmonious family, and it is an all around good heart-warming movie that many people can enjoy.

Las Maracas

A casual and fun eatery

BY ROSIE COMPTON '12
ENTERTAINMENT EDITOR

Smack dab in between Belle Meade Jewelers and office depot is some of the most authentic Mexican food in Nashville at Las Maracas. With a menu boasting both traditional Mexican cuisine and new Tex-Mex favorites there is something there for everyone.

Spicy Mexican salsa starts out a meal at Las Maracas followed by a generous menu. They have a wide selection of dinner plates with combos of enchiladas, tamales, fajitas, burritos, tacos, rice and beans for a good price of as low as \$6.99.

Other favorites include Mexican sandwiches and quesadillas that can please even the pickiest eaters.

reviews
around
nashville

The atmosphere also reflects the authentic Mexican cuisine with bright walls colorful murals, and spicy Mexican music.

It has a very festive atmosphere, and there is truly a Mexican vibe in the room.

Anyone who is a fan of places such as El Palenque, and Baja Burrito will enjoy the casual and fun atmosphere of Las Maracas.

4520 Harding Pike
Nashville, TN 37205
(615) 783-0555
Inexpensive \$

Say Yes to Yes Man!

BY ANNALEE MUECK '11
MANAGING EDITOR

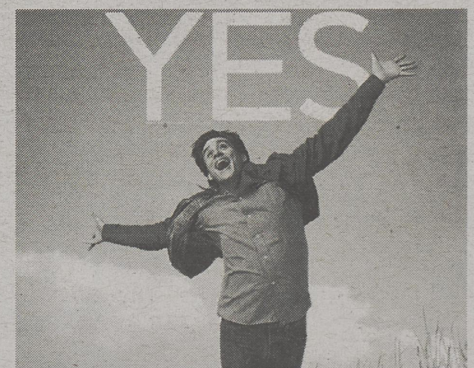
"Yes Man" starring Jim Carrey and Zooey Deschanel is an inspiring comedy about Carl, a middle aged banking loan advisor with a dull social life and little aspiration for the future. Until, that is, he is forced to attend a "YES" conference that alters his life completely. He leaves the conference unable to say no to anything...ANYTHING!

His inability to turn things down opens a world of new doors and engenders immediate success in his romantic,

social, and work life.

In the rush of his new lifestyle, Carl quickly finds himself in a heap of trouble with the government as a result of his impulsive behavior. He must learn to think for himself and find balance in his decision making in order to win back his life, his career and his love, Allison.

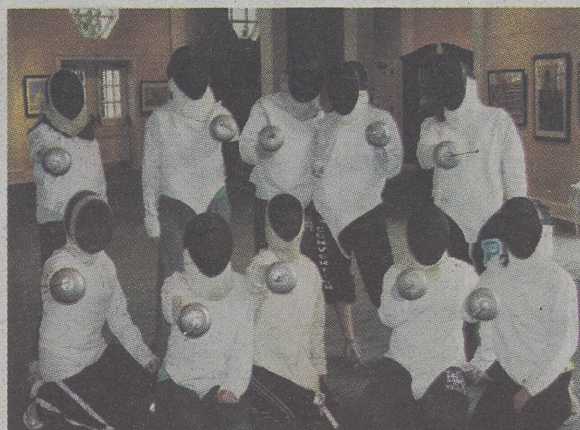
This film had the audience laughing out loud at the writer's



quick wit and Jim Carrey's charismatic personality. Likewise, Deschanel's character will capture the hearts of all the hopeless romantics in the audience, and everyone will walk out feeling inspired to live life to the fullest.

Yoga, pilates, and fencing offer students a fun way to stay fit

BY EMILY BUZHARDT
NEWS EDITOR



The Winterim Fencing class is ready to attack!
Photo courtesy of Marie Maxwell.

Yoga, fencing, and pilates were three of the diverse physical education classes freshmen and sophomores were offered during Winterim at Harpeth Hall. These

courses allowed students to try classes that they may not have had the opportunity to take during the normal school year.

Yoga was taught by Mrs. Leslie Matthews. In each class, Mrs. Matthews picked one type of stretch to focus on such as hip openers or forward bends. She ended the class with relaxation exercises.

Yoga did not end when the bell rang, however. Yoga student Sara Brown '11 said that yoga is a slow strengthener that relaxes a person throughout the day. Over time, one gains strength from it.

"Yoga is a fun experience that everyone should try at least once in their lives," Sara said. "It really helps you center yourself. I'm really going to miss it."

Fencing class was taught by Nashville Fencing Academy's Mr. Doug Harris. Students learned the basics of fencing and how to compete. The class first warmed up with an exercise such as basketball, then stretched and practiced their stances.

Lindsay Bae '12 found fencing to be a challenge. "I'm

sore right now after practicing extending my arm with a five pound sword and lunging at the same time," she said.

She also said the class must wear many layers of clothing to protect themselves including a mask, cloth shoulder guards, a chest guard, and a long sleeved vest.

Lindsay would recommend this class to a friend and said she would enjoy it if it became a sport at Harpeth Hall.

Pilates was an off-campus class that was taught by a trained Pilates instructor at Willow in Green Hills. The students paid \$175 each to use the facilities at Willow during Winterim. Pilates machines such as Power Plates were used in class.

During the class, the students gained strength and flexibility. Saxby Wiles '11 said that she could tell it was successful because she felt stronger every class. She said she was sore the next day from her work outs.

"I would love to have Pilates as a year round class at Harpeth Hall in addition to the other Physical Education options," said Saxby.

What's on their minds?

The posse on the NFL Playoffs

BY LYNLEY VOGES
SPORTS EDITOR



Titans quarterback Kerry Collins playing. The Titans were defeated by the Ravens in the second round of the playoffs.
Photo courtesy of ESPN.

After the Titan's devastating loss against the Baltimore Ravens, lunch with the male posse offered insight and comfort.

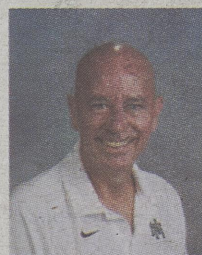


When first asked about the Titans game, Tuz said, "I haven't seen that many turnovers since my grandmother fixed Easter morning breakfast."

Mr. Riley Bryant went on to say, "There's some sort of justification if the Ravens go on and win the whole thing. It's kind of like second place."

Dr. Echerd then said, "I think the Titans are gonna win it despite being eliminated."

Behind the actual talk about talent, Mr. Goodwin had other thoughts about the players. "I actually didn't care even before," said Mr. Goodwin. "I think we hate the Ravens though mostly... don't we? Why should we care more than the players... they're just over paid entertainers."



Mr. Goodwin is however a 49ers fan.

Dr. Jack said, "I prefer the Bears... but story of my life... they're eliminated, now I'm apathetic..."

Despite their differing opinions, the members of the male posse all agree that winning would have been wonderful for Titans fans.

Still, the NFL continued without the beloved Titans. The playoffs are now at an end.

The Cardinals and the Steelers will be competing in this year's Super Bowl, which will take place Sunday, Feb. 9 in Tampa Bay.

Mary Ellis Fort tears up the slopes

BY MICHELE MARTIN
NEWS EDITOR



Mary Ellis skiing in Sugar Mountain, North Carolina.
Photo Courtesy of Mary Ellis Fort

Mary Ellis Fort '11 does not spend her weekends hanging out with friends, but instead, drives six hours to Sugar Mountain, North Carolina, almost every Friday during the winter. There she joins up with the members of her ski team for practices and competitions, while her father occupies his time there as a snow patroller.

Living in Nashville and being on a ski team in another state is difficult. "It makes it really hard to bal-

ance everything. It's kind of like if you really, really like skiing but also want to maintain a social life, it's a struggle to decide what to do. But I usually go with skiing because I know my friends will be there all throughout the year, but the snow will not," Mary Ellis said.

She started skiing for pleasure before she could even walk by flying down the slopes on her dad's back. She continued to ski until she injured her knee in the sixth grade. After her recovery, at the urging of her dad, she competed in a USSAA skiing competition and placed third in her age group. This is the point when she decided to join a team. Mary Ellis competes in Alpine racing, which is a race where the participants try to get the fastest time going around gates set up throughout the run.

Her team, Sugar Mountain, is one of three in its area, and teams are categorized by what mountain the members practice on. Practices start promptly at 8 a.m. Every team member does about 10 or so runs before going in for breakfast at about 9:30. They come back out at 10:15 and do more drills until about 11.

According to Mary Ellis, practices are really vigorous! "Sometimes we have to hike the mountain on certain slopes over and over, which is really hard."

Some drills help us with muscle building and others help with technique." After they go inside, the team sits with their coach watching videotapes of the practices and analyzing what they did well and what they did poorly.

There are two different types of competitions: High Country Races and USSAA competitions. The first is a local competition which only takes one day and the latter is a national competition that takes two days. Mary Ellis only gets to compete in USSAA races when they come to a location near North Carolina because she cannot drive all the way north or fly to the Midwest. These competitions became a way for Mary Ellis and her father to spend time together doing something they both love. Her dad sums up their enjoyment of the sport. "She had the opportunity to start skiing before walking. And just through racing, she is learning a sport that she can do for her entire life."

Vandy wins first Bowl game in 50 years

BY SARA ANDERSON
SPORTS EDITOR

The Vanderbilt University Commodores (7-6) played the Boston College Eagles (9-5) in the Music City Bowl in Nashville, Tennessee on Dec. 31, 2008. Vanderbilt pulled out a victory by winning the game 16-14 over Boston College. This was the first bowl appearance since 1982 and the first bowl victory since 1955 for the Commodores. Boston College on the other hand, had won eight straight bowl games before the Commodores end-

ed their winning streak. The bowl's most valuable player was Vanderbilt's punter Brett Upson who averaged 42.6 yards in the game.

This season was the first winning season for the Commodores in 26 years. The Commodores started off the year undefeated and even appeared on ESPN's College Game Day which picks the most important game of the week and does a special program filmed at the school campus.



Vanderbilt player Larry Smith runs with the ball during the Music City Bowl.
Photo Courtesy of Day Life